



**FIERCE GRACE**

daily  
*Journal*  
Inventory

*Seasonal Awakening*  
*for*  
*Self-discovery and Growth*

THIS BOOK  
BELONGS TO:

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# PHYSICAL

*Inventory*

S M T W T F S

DATE COMPLETE

What in my physical world  
needs attention?



## NOTES

Bedroom: clothes you no longer,  
shoes that need repair, items  
you've been carrying with you,  
but no longer have necessity, etc.

Home: broken kitchenware, old  
gear in the garage, etc.

Work space: paperwork that can  
shredded, files to organize,  
menial tasks lurking & sucking  
valuable lifeforce.

Other: Car, kids space, storage

Priority

For Tomorrow



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# RELATIONAL

*Inventory*

S M T W T F S

DATE COMPLETE

What relationships feel draining,  
people or circumstances that have  
asked for your attention?

☐  
☐  
☐  
☐  
☐  
☐  
☐

## NOTES

Is there something you could  
say, do or perhaps explore some  
personal work on that could help  
you feel complete and more at  
peace?

Consider these relationships:

- Family (including extended,  
deceased)
- Partner
- Children
- Friends
- Co-workers

Priority

For Tomorrow



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## RELATIONAL INVENTORY NOTES:

What action(s) can take from your heart to be in your truth, power and higher love?





# WORK

## Inventory

S M T W T F S

DATE COMPLETE:

What is draining energy and what steps could be taken to plug these holes?



### NOTES

Look at the flow of your work, vocation, career life

Take note of:

- What systems are needed?

- Areas to organize or restructure

- Where you could ask for assistance

Priority

For Tomorrow: Action Items



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# FINANCIAL

## *Inventory*

What have you been avoiding and what action could you take now to make efforts toward renegotiating the way you relate to abundance?

☐  
☐  
☐  
☐  
☐  
☐

Priority

S M T W T F S



DATE COMPLETE:

### NOTES

Take a snapshot of your relationship with money.

Take note of:

- Budgets you could create ...and actually adhere to
- Debts you could settle
- Loose spending you could tighten

For Tomorrow: Action Items



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# PERSONAL

## *Inventory*

S M T W T F S

DATE COMPLETE:

What is holding you back from  
living in greater divine flow?

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

### NOTES

Scap yourself and look into  
the recesses of your habits  
old tendancies, patterns, and  
ways

Priority

For Tomorrow: Action Items

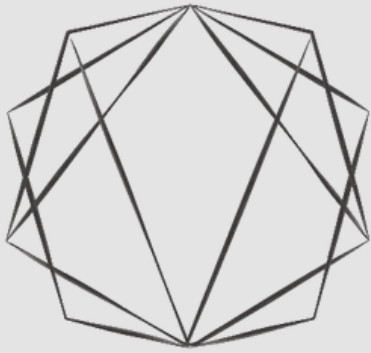


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## PERSONAL INVENTORY NOTES:

What actions or practices could you commit to that would assist in better harmony with your highest truth? (meditation practice, ending procrastination, facing fears as they arise, movement/exercise regimen, etc.)





# **FIERCE GRACE**

## **C O N S U L T I N G**

This is a working, living process that may take a bit of time to complete, so be gentle with yourself, it doesn't have to all be done now, however, the sooner you are willing to move forth, the sooner you will be free to devote your energy to new and inspired ways...so that spirit may move through you and in ultimate service to creation.

*Seasonal Awakening*